



**Thank you** to all that attended the UPCRA Fall Teleconference on October 11<sup>th</sup>! The conference had 64 attendees from 26 facility sites!

**Save the Date:**  
**AACVPR 34<sup>th</sup> Annual Meeting**  
**Portland, Oregon**  
**September 18<sup>th</sup> to 21<sup>st</sup> 2019**

Picture from:  
<https://www.businessinsider.com/region-states-us-best-survive-climate-change-2017-9>



**MISSION:** To serve as a professional network for cardiac and pulmonary rehabilitation programs providing resources for enhancement throughout the Dakotas and surrounding area.

**Spring Conference:**

Monday, March 18<sup>th</sup> 5:30pm  
to 10:00pm  
&  
Tuesday, March 19<sup>th</sup> 8:00am  
to 4:30pm

Bismarck, ND

See attachment for more information

**Scholarship Application:**

We have **two** \$250 scholarships available. Please apply to help pay for attending the Spring Conference or other education opportunities.

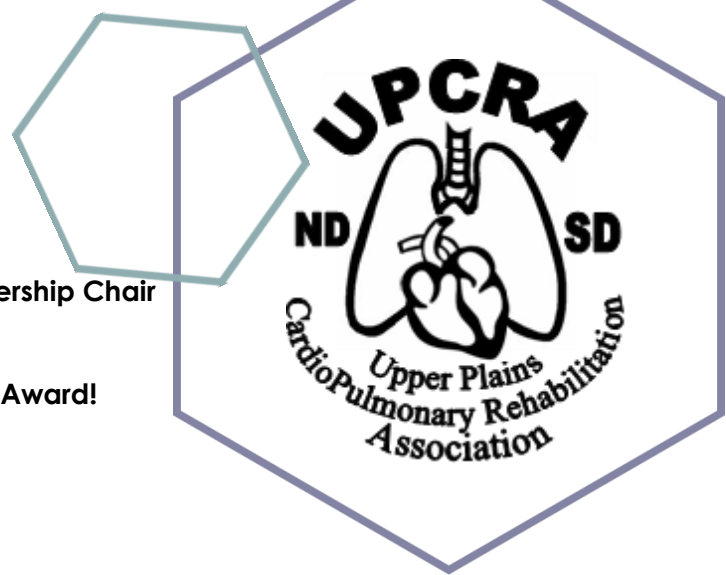
See attachment for more information.



<http://www.jcpost.com/2017/04/03/geary-county-4-h->

# Be an Active Member

- Become a UPCRA board member
- Share your successes on Facebook or email Membership Chair to have them added them to the UPCRA Beat
- Attend the Spring Conference
- Nominate an UPCRA Member for the Scotty Roberts Award!
- Help your program stay up to date.



## Website Update:

Welcome, Jesse Schulz as Website Chairman. Thank you, Jesse for taking on this new role!

Please email Jesse with your website questions, including log in issues.

[jschulz@regionalhealth.org](mailto:jschulz@regionalhealth.org)

## Scotty Roberts Award:

Please nominate an UPCRA member that promotes, participates, and exemplifies the UPCRA organization.

Due by: Feb 6th, 2019  
See attachment for more information.

## New UPCRA Board Positions Opening:

- Secretary
- Treasurer
- ND Representative
- SD Representative

Submit a nomination for another member or for yourself with a brief description as to why they would be a good candidate.

“If it doesn’t **challenge** you it won’t **change** you!”

## UPCRA Board Members:

President and Nominations Committee Chair: Emily Hoffman  
Secretary: Julie Rood  
Treasurer: Teresa Hauser  
Education Committee Chair and President Elect: Kindal Malehorn  
Membership Committee Chair: Teri Kavanaugh  
Outcomes Committee Chair: Erin Donner  
Scholarship Committee Chair: Karen Drader  
Reimbursement Committee Chair: Marlys Fisher  
Website Committee Chair: Jesse Schulz  
ND Representative: Brad Hintermeyer  
SD Representative: Ashley Wendler



# Attachments in Email:

Membership Application

Scholarship Application

2019 Spring Conference Save the Date

Scotty Roberts Award Nomination Form

Due Feb 6<sup>th</sup>, 2019

Email you nominations to [tkavanaugh@regionalhealth.org](mailto:tkavanaugh@regionalhealth.org)

New Board Positions Job Descriptions

Nominations Due Feb 6<sup>th</sup>, 2019

Email Nominations to [tkavanaugh@regionalhealth.org](mailto:tkavanaugh@regionalhealth.org)