# 2020 UPCRA Spring Conference Agenda

**Thursday Evening, April 2nd**

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<tr>
<th>Time</th>
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<td>5:00-5:30 pm</td>
<td>Registration</td>
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| 5:30-6:30 pm  | “Inspire Greatness...Move Mountains”  
*Gayla Oakley, RN, CCRP, MAACVPR* |
| 6:30-7:30 pm  | “Anchor Your Plate with Heart-Healthy Beef”  
*Jan Tilley, MS, RD, LD – Sponsored by SD Beef Industry Council* |
| 7:30-7:45 pm  | Break/Vendors                                                                                     |
| 7:45-8:30 pm  | Round Tables  
*Education Committee Members* |
| 8:30-10:00 pm | Social                                                                                           |

**Friday, April 3rd**

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<th>Time</th>
<th>Event</th>
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<td>7:15-8:00 am</td>
<td>Breakfast/Vendors</td>
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| 8:00-9:00 am  | “E-Cigarettes, JUUL, Vaping and Other Nicotine Delivery Systems”  
*Patrice McKone – Senior Director – Health Promotion and Advocacy American Lung Association* |
| 9:00-10:00 am | “ITP...Treating the Treatment Plan”  
*Gayla Oakley, RN, CCRP, MAACVPR* |
| 10:00-10:30 am| Break/Vendors                                                                                     |
| 10:30-11:30 am| “Common Arrhythmias and Treatments”  
*Krishi Metzger, CNP – Sanford Cardiovascular Institute* |
| 11:30-1:00 pm | Lunch—Sponsored by ND Beef Commission  
*Membership Meeting/Vendors Open* |
| 1:00-2:00 pm  | “Hear, Feel, Think: Patient Behavior Change that Works”  
*Audra Johnson Janke, Wellness Educator – Sanford Health Plan* |
| 2:00-2:15 pm  | “The Role Pulmonary Rehabilitation Played Before and After My Lung Transplant”  
*Doug and Zach Wilson, Retired Sioux Falls Firefighter* |
| 2:15-2:30 pm  | “Patient Story: The Anniversary Event”  
*Julie Fieldsend, RN, BSN Avera Institute for Human Genetics* |
| 2:30-3:00 pm  | “Balance of Work and Life: Commitment to the Patient”  
*Ashley Wendler, RN, BSN, MA, CCRP* |
| 3:00-3:15 pm  | Break                                                                                           |
| 3:15-4:15 pm  | “What’s an MI?”  
*Matt Gross, CNP—Monument Health Heart and Vascular Institute* |
| 4:15-4:30 pm  | Program Wrap Up, Evaluations, & Vendor Card Prizes                                               |

This Event brought to you by the UPCRA Education Committee:  
*Karen Drader, Darcy Ellefson, Theresa Ferdinand, Marlys Fisher, Julie Fuher, Emily Hoffman, Teri Kavanaugh, Myrna Lakner, Kindal Malehorn, Molly Rinehart, Julie Rood, & Ashley Wendler*