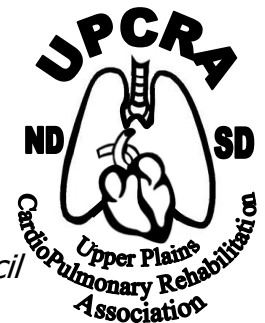


2020 UPCRA Spring Conference Agenda



Thursday Evening, April 2nd

- 5:00-5:30 pm **Registration**
- 5:30-6:30 pm **"Inspire Greatness...Move Mountains"**
Gayla Oakley, RN, CCRP, MAACVPR
- 6:30-7:30 pm **"Anchor Your Plate with Heart-Healthy Beef"**
Jan Tilley, MS, RD, LD – Sponsored by SD Beef Industry Council
- 7:30-7:45 pm **Break/Vendors**
- 7:45-8:30 pm **Round Tables**
Education Committee Members
- 8:30-10:00 pm **Social**

Friday, April 3rd

- 7:15-8:00 am **Breakfast/Vendors**
- 8:00-9:00 am **"E-Cigarettes, JUUL, Vaping and Other Nicotine Delivery Systems"**
*Patrice McKone – Senior Director – Health Promotion and Advocacy
American Lung Association*
- 9:00-10:00 am **"ITP....Treating the Treatment Plan"**
Gayla Oakley, RN, CCRP, MAACVPR
- 10:00-10:30 am **Break/Vendors**
- 10:30-11:30 am **"Common Arrhythmias and Treatments"**
Kristi Metzger, CNP – Sanford Cardiovascular Institute
- 11:30-1:00 pm **Lunch**—Sponsored by ND Beef Commission
Membership Meeting/Vendors Open
- 1:00-2:00 pm **"Hear, Feel, Think: Patient Behavior Change that Works"**
Audra Johnson Janke, Wellness Educator – Sanford Health Plan
- 2:00-2:15 pm **"The Role Pulmonary Rehabilitation Played Before and After My Lung Transplant"**
Doug and Zach Wilson, Retired Sioux Falls Firefighter
- 2:15-2:30 pm **"Patient Story: The Anniversary Event"**
Julie Fieldsend, RN, BSN Avera Institute for Human Genetics
- 2:30-3:00 pm **"Balance of Work and Life: Commitment to the Patient"**
Ashley Wendler, RN, BSN, MA, CCRP
- 3:00-3:15 pm **Break**
- 3:15-4:15 pm **"What's an MI?"**
Matt Gross, CNP—Monument Health Heart and Vascular Institute
- 4:15-4:30pm **Program Wrap Up, Evaluations, & Vendor Card Prizes**

This Event brought to you by the UPCRA Education Committee:

Karen Drader, Darcy Ellefson, Theresa Ferdinand, Marlys Fisher, Julie Fuher, Emily Hoffman, Teri Kavanaugh, Myrna Lakner, Kindal Malehorn, Molly Rinehart, Julie Rood, & Ashley Wendler